Information provided courtesy of the National Hemophilia Foundation, Centers for Disease **Control and Prevention, Victory** Disorders.



Our vision is that all women and girls with blood disorders would be appropriately diagnosed and optimally treated, at every life stage. For us that means educating hematologists, obstetricians, gynecologists, and other HCP so that they are able to improve the outcomes for women and girls with blood disorders.

> - Dr. Andra James Obstetrician/Gynecologist, Co-founder of the Foundation for Women & Girls With **Bleeding Disorders**

## Did You Know?

While it's estimated that as many as 1,600,000 million American women may have a bleeding disorder, according to ATHNdataset, fewer than 8,000 have been diagnosed (0.5%).

1 out of 5 women has heavy menstrual bleeding, and 1 out of 6 women who present to the **Emergency Department with heavy menstrual** bleeding may have von Willebrand Disease.

Fewer than 20% of postpubertal girls and adolescents with heavy menstrual bleeding underwent von Willebrand Disease screenings, in spite of 15+ years of recommendations to do so from the American College of **Obstetricians and Gynecologists.** 

There are numerous bleeding disorders treatment centers that offer clinics or services specifically devoted to the care of women and girls. To locate them, visit:

We will see adult women who have had bleeding and clotting disorders all of their lives and have been yet to be diagnosed, heavy menstrual bleeding, bleeding with childbirth, iron deficiency anemia, then as they get older and may develop cardiovascular disease, we need to know where things stand, so we can help them through those.

It still takes multiple years for the average woman to get a diagnosis, so there's still a gap there. For us, we feel like the next step is to be doing a lot more research in this population, that's really the only thing that's going to move the field forward.

- Dr. Barbara Conke Adult Hematologist, Co-founder of the Foundation for Women & Girls with **Blood Disorders** 

- Dr. Robert Sidonio Pediatric Hematologist, Emory University/ Children's Healthcare of Atlanta